

## Former Mr. Natural U.S.A To Visit Pembrokeshire

1. Mr. Natural U.S.A 1980, founder of Samara Nutrition and music import business “Best of British”, Pete Samra, is visiting Pembrokeshire on the 17<sup>th</sup> and 18<sup>th</sup> of October.

Pete Samra, who features in Arnold Schwarzenegger's movie “Pumping Iron”, dreamt of being Mr. America. His dreams shattered when he challenged a drug addicted fellow manager at their Los Angeles gym, ending in a vicious knife fight. Samara plead to God for recovery.

Despite rapid recovery; medical bills, a broken marriage and psychological scars, left Pete's life in a mess. Pastor Ray McCauley set Pete on the road to recovery saying: “Ask Jesus to come into your life. God will never leave you or forsake you. If you ask him to forgive you, your sins they will be gone.” Pete Samara responded, his life began to change. Jesus became the new source of his strength.

Samara turned his back on multi million dollar mainstream body building, due to it's ties with steroid use. Forgetting his dreams of being Mr. U.S.A, he eventually formed Samara Nutrition.

In 1980 the first Mr. Natural U.S.A invited Pete to participate. He gained his dream title! Success led to opportunities to share his faith; this is his reason for visiting Pembrokeshire.

Pete Samara's first event will be held at Beca Caffi, on the A478, Efailwen. Saturday 17<sup>th</sup> October – 6pm. Cost £9, buffet, tea/coffee included. **This event is for men only.**

“Come along and hear how Pete Samara's life of bodybuilding, training, management and nutrition was changed when he was stabbed in a knife fight at a gym. Men be challenged to hear and find a new purpose in life that will change you too.” says Bohdan Pawluk.

Pete Samara will share his life story in **Kilgetty Community Centre 10.45am on Sunday 18<sup>th</sup> October**, with New Life Christian Fellowship. **All are welcome.**

Pete' Samara also shares at **Manobier Evangelical Church, Sunday 18<sup>th</sup> October, 6pm.** **All are welcome.**

For details call: Allan Tyler 01834 860767.





**PETE & STEFFI SAMRA**